



Week	Week beg	Practical	Theory	School events and public holidays	Assessment Type	Assessment Due Date
1	T14/7	Throughout this unit students will study 4 of the following practical areas:  <b>Softball</b> <b>Volleyball</b> <b>Netball</b> <b>Basketball</b> <b>Modified Rugby</b> <b>Soccer</b>  The order of study of the practical areas will be determined by the availability of facilities.  All practical assessment is ongoing.	<b>Alcohol</b> <ul style="list-style-type: none"> <li>Factors affecting Blood Alcohol Concentration</li> <li>"Standard Drinks"</li> <li>Alcohol breakdown in the body</li> <li>Myths about sobering up</li> <li>Short and long -term effects – physical &amp; other</li> <li>Reasons people drink</li> <li>Harm minimisation strategies</li> <li>Benefits of reducing alcohol consumption</li> <li>Actions to assist friends under the influence</li> <li>Other issues e.g. binge drinking / schoolies</li> </ul>	29/7 Interhouse Athletics 4/8 Yr 10,11,12 Parent-Teacher Interviews 10/8 Class Photos (11&12) 11/8 Class Photos (8-10) 12/8 Exhibition holiday 13/8 Pupil-free day	Homework tasks – written and/or oral Book work	Friday 21 <sup>st</sup> Aug
2	20/7					
3	27/7					
4	3/8					
5	10/8					
6	17/8					
7	24/8					
8	31/8					
9	7/9					
10	14/9					
Mid Semester Vacation						
1 (11)	5/10	See above for details	<b>Sexual Health</b> <ul style="list-style-type: none"> <li>Personal identity</li> <li>Self esteem</li> <li>Decision making</li> <li>Negotiation skills</li> </ul>	27/8 Co-curricular photo day – no assessment 1/9, 2/9 QCST 8/9 Yr 8 and 9 Parent-Teacher Interviews 9/9 Yr 12 block exams begin  16/9 Year 12 block exams finish	Homework tasks – written and/or oral Book work	Friday 21 <sup>st</sup> Aug
2 (12)	12/10					
3 (13)	T20/10					
4 (14)	26/10					
5 (15)	2/11					
6 (16)	9/11					
7 (17)	16/11					
8 (18)	23/11					
9 (19)	30/11					
10 (20)	7/12					
No assessment permitted						
1 (11)	5/10	See above for details	<b>Sports Injuries and CPR</b> <ul style="list-style-type: none"> <li>Safe sex</li> <li>Sexually Transmitted Infections</li> <li>Explain the TOTAPS procedure in detail and apply the procedure to a number of injury assessment scenarios</li> <li>Identify a range of factors that can cause injury</li> <li>Discuss how sports injuries can be prevented</li> <li>Classify the types of soft tissue injuries and apply the TOTAPS procedure to their assessment</li> <li>Explain the RICER and NO HARM techniques</li> <li>CPR goals and basics</li> <li>DRABC Action Plan / Life Support Flow Chart</li> <li>Recovery Position</li> </ul>	13/10 Immunisations 15/10 QCAT testing (½ day) 19/10 Pupil-free day 22/10 Yr 9 QCAT testing (½ day) 23/10 Co-curricular photo day – no assessment 29/10 Yr 9 QCAT testing (½ day)  10/11 Yr 12 Block exams begin 16/11 Yr 11 block exams begin 18/11 Yr 12 blocks finish 20/11 Graduation 20/11 Last day for assessment Year 10 25/11 Yr 11 blocks finish 27/11 Last day for assessment Years 8 & 9	Assignment Homework tasks – written and/or oral Book work	Friday 16 <sup>th</sup> Oct
2 (12)	12/10					
3 (13)	T20/10					
4 (14)	26/10					
5 (15)	2/11					
6 (16)	9/11					
7 (17)	16/11					
8 (18)	23/11					
9 (19)	30/11					
10 (20)	7/12					
Practical examination						
Week beginning 23 <sup>rd</sup> Nov						
Alternative Program for Years 8 & 9 students commences Wednesday 2 December and concludes on Friday 11 <sup>th</sup> December. Instruction under the supervision of each Faculty will be delivered.						